

# Sr. Dr. HILARY LYONS

LOUISBURGH & KILLEEN  
Co. MAYO

Mary Lyons was born on 6<sup>th</sup> Feb 1924, the eldest of Richard and Bridget Lyons' nine children.

Home was Bunlahinch, five miles west of Louisburgh, Co. Mayo. The name predates the more common name of the place, 'The Colony'.

After primary education in Killadoon N.S. she then attended boarding school in St. Louis, Balla, Co. Mayo.



Photo courtesy of Richard Austin

## A HEALTH HABIT



Photo courtesy of Richard Austin

After secondary school Sr. Hilary entered the Missionary Sisters of the Holy Rosary in Killeshandra in 1943.

After professing her vows in 1945 she studied medicine & qualified MB & ChB from UCD in 1952. Sr. Hilary spent 42 years working in Sierra Leone as a missionary Nun & Doctor.

In 2016 Sr. Dr. Hilary Lyons was awarded an Honorary Fellowship of the Faculty of Public Health by the Royal College of Physicians of Ireland.

Sr. Hilary has written two books about her life and work. Since returning to Ireland she has been an active member of the Sierra Leone/ Ireland partnership SLIP. She now lives in retirement in Dublin with her fellow sisters.



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