

GALWAY'S GASTRONOMIC HERITAGE

HERITAGE OFFICE
GALWAY COUNTY COUNCIL

Food plays a very important role in our lives.

County Galway has an area of 6,148 square kilometres, a coastline of 689 kilometres and many off shore islands. The population of the county is over 179,000.

There is a rich heritage of producing high quality food in Galway, producing enough food to feed 1.5 million people.

Boasting 12,000 farms and over 350 restaurants, it can easily be noted that food is the epicentre of our daily lives.



WOMENS' CONTRIBUTION TO THE HISTORY OF FOOD IN COUNTY GALWAY



All photos courtesy of Hany Marzouk

Women have and are playing a major role in the development of a rich food culture in the county by sowing and harvesting crops, preparation and presentation of food, establishing food industries and running shops and restaurants.

Women show ingenuity in feeding people, sometimes in very challenging times and circumstances. These ordinary but extraordinary women have left us with a very rich and wonderful gastronomic heritage in County Galway.



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