NIAMHEFFERNAN

CLAREGALWAY
Co. GALWAY

Niamh Heffernan was born on November 24th, 2001 and lives in Carnmore in the parish of Claregalway, Co. Galway with her sister Michelle and her parents Josephine and Pat.

She is a student at Coláiste
Baile Chlair, Claregalway and is
a member of the Claregalway
Handball Club.

Niamh is an All-Ireland U-16 GAA Camogie Winner and World Champion!



WORLD HANDBALL CHAMPION





The World Handball Championships are held every three years. Niamh first won in the 2015 World Championships in Calgary, Canada in the 13 & Under Grade. Representing Ireland in 2018, Niamh retained her world titles in the 17 & Under Championships, in Minneapolis, United States. Here she won the 4-Wall, Girls 17 & Under Singles and Ladies A Singles grades, in addition to receiving a Silver in the Girls Singles 17 & Under One Wall Competition.

Niamh competes in two codes of Handball, 4-Wall and 1-Wall and has won every honour in Juvenile Handball titles Provincial, Irish and World.



FIND OUT MORE



www.claregalway.galwaycommunityheritage.org



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